

Tramadol - Information Leaflet
(MODIFIED-RELEASE TABLETS/CAPSULES)

Any information provided in this leaflet should be read carefully together with any patient information leaflets provided by the manufacturer.

What is the medication for/what are the benefits?

This medication is a pain killer used to manage your pain and improve your quality of life. As it acts in a different way from many other pain-killers, some patients find this very useful.

How is it given/taken?

Tablets or capsules - swallow the tablets/capsules whole with water. Do not crush or chew.

How often should it be taken?

As instructed by your doctor. Usual dose is 50 to 100 mg every 6 hours. Maximum dose is 400mg in 24 hours.

When should this medication NOT be taken?

Not to be taken if pregnant or breast feeding; If you are experiencing side effects that outweigh the benefits/pain management effects, discuss this with your GP; Please ensure you inform your doctor about any other medication you are currently taking, including any herbal products; Never give/lend this medicine to anyone else who has pain

Potential Risks/Side effects?

Everyone is different so may react differently to medication. If any unexpected symptoms do occur please seek medical advice.

May cause drowsiness, in particular when the medicine is first started. If affected do not drive or operate machinery. It is best to avoid alcoholic drink.

What are the most common side effects?

Stomach and bowel upset, sleepiness, nausea, vomiting, dry mouth, constipation dizziness, headache, drowsiness, sweating, confusion, allergy.

What are the less common side effects?

Mood changes, rashes, palpitations, fast heart rate, flushing, very rarely an epileptic fit.

What to do if medication is not given/taken properly

If you miss a dose - just take your next dose as usual - do not double the dose

If you accidentally take too many - please seek medical help straight away

Storing medication

Always keep your medication in a safe place and keep it out of the reach and sight of children. Please see manufacturer's recommendations. Store in a dry place, not above 25^oC

Where to get repeat prescriptions?

If you find this medication has been helpful further supplies may be obtained from your GP. Your pain management consultant will have written to your GP, informing them of any medications/treatments started or suggested. Please contact your GP to arrange a repeat prescription.