

Name:

Age: Sex: PIN:

Date:

HISTORY Pain

Site

Onset/Duration

Course

Intermittent / Continuous

Stimulus / Spontaneous

Radiation

Co-existing problems:

Pain	Nature	Severity	Aggravating	Relieving
Constant				
Intermittent				
Evoked				

Treatment so far and response:

Pharmacological	Non-pharmacological	Consultations/ Interventions/ Blocks
Analgesics	Acupuncture Chiropractor Psychotherapy Physiotherapy TENS	
Adjuvant		

Effect of pain:

Occupation/activity	Social	Mood	Sleep

Co morbidity:

PSH	Injury Infection Inflammation Infarction Infiltration Inheritance	Drugs
PMH		
POH	Alcohol Substance abuse	Allergies

Examination Inspection

Trophic changes

Vasomotor changes

Sudomotor changes

Skeletal abnormality

Muscle wasting

Scars

Others

	Appearance	Movement
Gait		
Arms		
Legs		
Spine		

Palpation

Trigger points

Tender points

Radiation

Sensory

Dermatomal Distribution:

Allodynia/Hyperalgesia

Spatial/Temporal summation

Motor

Power:

Tone

Bulk

Movements:

Tests:

Co-ordination

Reflexes

Vibration

Proprioception

Vascular Sufficiency



